



Shrimp & Avocado Salad

2 servings 20 minutes

Ingredients

1 tsp Avocado Oil

- 9 ozs Shrimp (large, peeled, deveined)
- 1 tbsp Extra Virgin Olive Oil
- 1 tbsp Lime Juice
- 1/4 tsp Honey
- 1/2 tsp Coconut Aminos
- 4 cups Arugula
- 1 Carrot (shredded)
- 1/4 cup Radishes (thinly sliced)
- 1 Avocado (sliced)

Nutrition

Amount per serving	
Calories	380
Fat	25g
Carbs	15g
Fiber	8g
Sugar	4g
Protein	29g
Cholesterol	204mg
Sodium	218mg
Vitamin A	6196IU
Vitamin C	22mg
Calcium	172mg
Iron	2mg

Directions

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In a skillet over medium heat, add the avocado oil and shrimp. Cook for 3 minutes each side, or until cooked through. Set aside.

While the shrimp cook, add the extra virgin olive oil, lime juice, honey, and coconut aminos to a small jar and shake to combine.

Add the arugula, carrot and radishes to a bowl. Top with the cooked shrimp, the dressing and avocado. Divide between plates and enjoy!

Notes

Leftovers: Refrigerate in an airtight container for up to three days.

Additional Toppings: Add chopped cilantro or chopped peanuts to the dish.

No Coconut Aminos: Use tamari or soy sauce instead.

More Flavor: Marinate the shrimp in a combination of lime, honey & coconut aminos 15 minutes before cooking.